



## 12 Practical Tips for Exam Preparation

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Are you worried about mid-term exam weeks? Well, you are not alone. The key to combatting apprehensions you may have about the exam period is self-awareness, early preparedness, and practice. The following tips will assist you in creating an individualized plan that will allow you to retain information, stay focused, and exude confidence on test days.

- Schedule an on-campus or virtual tutoring session with your academic institution. Remember tutoring services are typically included in tuition and fees. Peer tutors are often students who have already aced the course. Utilize this resource to make the grade!
- Although coffee shops and the library are popular communal study spaces, select a designated study area that is most conducive to your individual learning style.
- Check your textbook publishing information. The publisher may have online study aids available on their website.
- Remember to take periodic study breaks during hours-long study sessions. However, it is best to keep breaks to 15-minute intervals.
- Select a study time where you are at your mental peak. Everyone is different, so study at a time of the day when you have the most energy and mental clarity.
- Create flashcards and have a classmate quiz you.
- Organize an effective study group. The ideal study group is comprised of 3-4 individuals who study together for a minimum of one hour.
- Eat a balanced meal on the day of the exam and remember to stay hydrated. Do keep in mind your individual dietary needs and restrictions on exam day.
- If given the option to select your exam time, choose a time of the day in which you are most alert.
- First focus on the areas in which you have the most concern. This will give you enough time to improve or master these subjects prior to the exam.
- Schedule an appointment with your course instructor to discuss concepts you may not understand. It is best to meet with your professor prior to the exam period. This allows you to heed to any advice rendered.
- If you suspect you have test-taking anxiety or often struggle to cope in stressful situations, schedule an appointment with your campus counseling department or student services office.

For more student success tips and individualized assistance, send an email to [julia@earntolearnfl.org](mailto:julia@earntolearnfl.org).

## Networking Event

Thank you to the Earn to Learn FL scholarship recipients who attended the October 17th networking breakfast at Talis Park in Naples, Florida. Community leaders from various industry sectors were in attendance to discuss how personality and self-understanding contributes to success. Students and alumni in attendance were afforded the opportunity to exchange contact information with influential business leaders that can assist them in their professional pursuits.



## Earn to Learn FL Reminders

- Spring 2020 course registration begins in October at most institutions. Register early before classes fill up!
- The 2020–21 FAFSA is available. Do not miss out on available federal funding. Access the form here: <https://studentaid.ed.gov/sa/fafsa> .
- Are you graduating in Fall 2019? Let us know at [julia@earntolearnfl.org](mailto:julia@earntolearnfl.org) .
- In preparation for the upcoming spring semester, please remember to make your monthly Earn to Learn FL savings deposits through Synovus or Vantage West.
- To maintain eligibility for scholarship funding, students must fulfill the Earn to Learn FL continuing education requirement. To complete the continuing education requirement for the 2019-2020 academic year, students must access the self-paced online learning modules in LifeCents by **December 5th, 2019**. To sign up and complete the required training, click the following link: <https://florida.earntolearn.org>.

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